

LISA MAY LEBLANC

Author · Keynote Speaker · Audiobook Narrator

BIOGRAPHY

About Lisa

Lisa May LeBlanc is a cycle-breaking author, keynote speaker, and professional audiobook narrator based in Calgary, Alberta. Her debut memoir, *The Ninth Child*, tells the story of growing up as the youngest of nine children on a remote Minnesota farm — a childhood marked by religious trauma, sexual abuse, and a culture of silence.

Through neurofeedback therapy, professional mental health support, and the courageous act of speaking her truth, Lisa discovered that breaking silence is the first step toward freedom. Today, she dedicates her work to helping others understand the long-term impacts of Adverse Childhood Experiences (ACEs), recognize their own resilience, and discover that healing is possible.

Lisa is a sought-after keynote speaker at conferences and organizations, sharing evidence-based research on ACEs alongside powerful personal storytelling. She has been featured on multiple podcasts including *Can We Ask You This?*, *Be Victorious*, and *Bleeding Daylight*.

"I spent most of my life thinking my story wasn't worth telling. Turns out, telling it was the thing that set me free."

THE MEMOIR

The Ninth Child

Publisher: Siretona Creative Publishing

ISBN: 978-1-988983-80-6

Formats: Paperback, Deluxe Edition, Ebook, Audiobook

Audiobook: Narrated by the author

Available: Amazon, Siretona Creative, and major retailers

Topics explored in *The Ninth Child* include Adverse Childhood Experiences (ACEs) and their lifelong impact, trauma and resilience, the role of faith communities in breaking or perpetuating cycles of harm, mental health advocacy, the transformative power of storytelling, and breaking generational patterns.

SPEAKING

Keynote Topics

- **Understanding ACEs** — An evidence-based look at Adverse Childhood Experiences, their lifelong impact on health and relationships, and pathways toward healing.
- **Breaking the Silence** — How storytelling and vulnerability become catalysts for personal and collective transformation in the aftermath of trauma.
- **Safe Spaces in Faith Communities** — Practical strategies for religious organizations to recognize, prevent, and respond to abuse — creating environments where healing can begin.
- **Resilience & Recovery** — From neurofeedback therapy to professional mental health support — the science and stories behind rebuilding after childhood trauma.

Past & upcoming engagements include the A.C.E. Awareness International Conference (2025, 2026) hosted by the Be VicTorious Foundation.

NARRATION

Audiobook Narration

Lisa is a professional audiobook narrator with a warm, clear voice and deep emotional intelligence. She narrates her own memoir, *The Ninth Child*, as well as works by other authors including *God Sent Something Better* by Angela McCoy. She specializes in memoir, wellness, spirituality, literary fiction, and educational content.

MEDIA

Podcast Appearances

- **Can We Ask You This?** — Deep, meaningful conversations about life, identity, and what it means to be human.
- **Be Victorious — Ep. 35** — Discussing ACEs, creating safe spaces in faith communities, and the journey of healing.
- **Bleeding Daylight** — Personal transformation, vulnerability, and the stories that change us.

CONTACT & LINKS

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